Research Plan of the Department of Nursing Science (2018-2023)

Department of Nursing Science
Institute of Family Medicine and Public Health
Faculty of Medicine
University of Tartu
Estonia

BACKGROUND

The Department of Nursing Science in University of Tartu is located in Faculty of Medicine, Institute of Family Medicine and Public Health. The department has been established in 1996 and since that offered Masters’ education in nursing science. In 2018, altogether 91 Master of Health Sciences have graduated at the Department.

RESEARCH PRIORITIES

The research priorities in the Department of Nursing Science are *Promotion of health and wellbeing throughout the lifespan* and *Effective and human-centred nursing, care and service*. The priorities respond for national needs and international challenges in nursing science and support the research priorities by Faculty of Medicine, University of Tartu and National Health Plan by Ministry of Social Affairs.

The main target of the research in nursing science at the department is to provide nationally and internationally relevant research for scientific purposes and evidence-based decision making in society. The research at Department is based on multidisciplinary collaboration with national and international key partners.

*Promotion of health and wellbeing throughout the lifespan*

The theoretical basis of research in the department of nursing science is on the health promotion committing to understanding that health promotion is a process what aims to enable people to increase control over, and to improve their health. At the department, the research focuses on the supporting individuals and groups health and participation on their own living environments with the contribution by health care professionals.

*Effective and human-centered nursing, care and service*

At the department the research focuses on the nursing sensitive outcomes for patient-centered care, highlighting safety, quality and efficient nursing, care and service. Development of nursing sensitive outcomes requires professional competences for evidence-based practice and educated leadership toward systematic development.

EVALUATION OF THE RESEARCH PLAN

The success of the realization of the research plan will be evaluated yearly in relation to publications, PhD and Post Doc projects and success in external funding. In addition, success will be evaluated in research collaboration with key collaborators and contribution for nursing and health care policy.